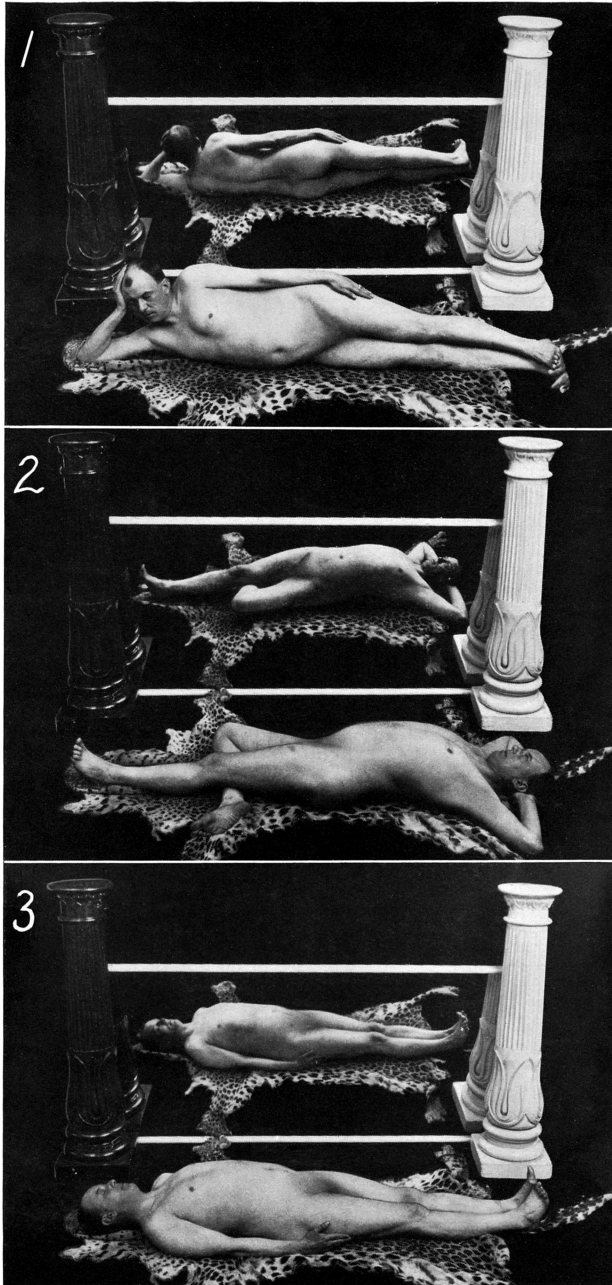
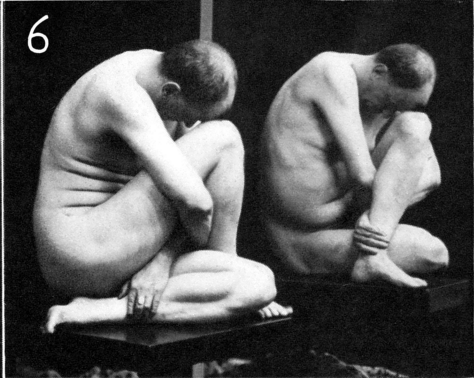
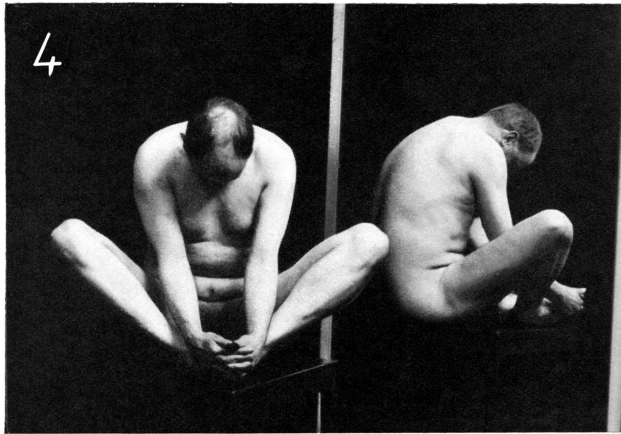


LIBER E. SUPPLEMENTARY INSTRUCTION IN ASANA.



1. The Dying Buddha
2. The Hanged Man.
3. The Corpse.

{ These three recumbent positions are more suitable for repose after meditation than for meditation itself.



4. The Arrowhead.
5. The Bear.
6. The Ivy.
7. The Parallelogram.

These positions with bowed head are suitable for Asana and for meditation, but not for Pranayama.

*[These pages are reserved for Official Pronouncements by the Chancellor of the A.: A.:]*

Persons wishing for information, assistance, further interpretation, etc., are requested to communicate with

THE CHANCELLOR OF THE A.: A.:

c/o THE EQUINOX,

3 Great James Street,

W.C.

Telephone: CITY 8987,

or to call at that address by appointment. A representative will be there to meet them.

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Probationers are reminded that the object of Probations and Ordeals is one: namely, to select Adepts. But the method appears twofold: (i) to fortify the fit; (ii) to eliminate the unfit.

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The Chancellor of the A.: A.: views without satisfaction the practice of Probationers working together. A Probationer should work with his Neophyte, or alone. Breach of this rule may prove a bar to advancement.

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Some of the weaker brethren having found the postures in Liber E too difficult, the pitiful heart of the Præmonstrator of A.: A.: has been moved to authorise the publication of additional postures, which will be found facing this page. An elderly, corpulent gentleman of sedentary habit has been good enough to pose, so that none need feel debarred from devoting himself to the Great Work on the ground of physical infirmity.

Owing to the unnecessary strain thrown upon Neophytes by unprepared persons totally ignorant of the groundwork taking the Oath of a Probationer, the Imperator of A.: A.:, under the seal and by the authority of V.V.V.V.V., ordains that every person wishing to become a Probationer of A.: A.: must first pass three months as a Student of the Mysteries.

He must possess the following books:—

1. The EQUINOX, from No. 1 to the current number.
2. "Raja Yoga," by Swami Vivekananda.
3. "The Shiva Sanhita," or "The Hathayoga Pradipika."
4. "Konx Om Pax."
5. "The Spiritual Guide," by Miguel de Molinos.
6. "777."
7. "Rituel et Dogme de la haute Magie," par Eliphaz Levi, or its translation, by A. E. Waite.
8. "The Goetia of the Lemegeton of Solomon the King."
9. "Tannhäuser," by A. Crowley.
10. "The Sword of Song," by A. Crowley.
11. "Time," by A. Crowley.
12. "Eleusis," by A. Crowley.  
[These four last items are to be found in his  
Collected Works.]
13. "The Book of the Sacred Magic of Abra-melin the Mage."

An examination in these books will be made. The Student is expected to show a thorough acquaintance with them, but not necessarily to understand them in any deeper sense. On passing the examination he may be admitted to the grade of Probationer.

SCANS FROM ALEISTER CROWLEY'S  
**THE EQUINOX**

More at <https://keepsilence.org/the-equinox>

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